



PROFESSOR YURY VIKTOROVICH SHUBIK
(for the 70th anniversary)

Yury Viktorovich Shubik, a physician of the third generation and one of Russia's leading cardiologists and arrhythmologists, was born in 1956 in Leningrad. After graduating in 1979 from the First Saint Petersburg State Medical University (First Leningrad Medical Institute) named after Academician I.P. Pavlov, he worked until 1983 as a physician on the intensive care team of the emergency medical service, and then from 1984 to 1985 as a senior resident in the intensive care unit of the infarction department of City Hospital No. 25. From 1985 to 2001 he worked at the Research Institute of Cardiology of the Ministry of Health of the Russian Federation, where he initially headed the telediagnostic cardiology center, and in 1986 he organised and took charge of the electrophysiology laboratory. Subsequently, he held positions of junior, senior and leading research fellow, and headed the department of cardiac arrhythmias. From 2001 to 2012 he worked as a professor at the Department of Cardiology of the Faculty of Postgraduate Training of the NorthWestern State Medical University (Saint Petersburg State Medical Academy) named after I.I. Mechnikov, and from 2012 to 2025 as the head of the Department of Arrhythmology of the Scientific, Clinical and Educational Centre "Cardiology" of Saint Petersburg State University. In 2001, he founded the NorthWestern Centre for Diagnosis and Treatment of Cardiac Arrhythmias, which continues to operate actively to this day. Currently, Yu.V. Shubik is its scientific supervisor. Over the 25 years of the NorthWestern Centre for Diagnosis and Treatment of Cardiac Arrhythmias, more than 150,000 patients with complex cardiac rhythm and conduction disorders have received qualified outpatient and inpatient care there - not only from Saint Petersburg and the Leningrad region, but also from other regions of Russia, the CIS countries, and beyond.

In 1988, Yu.V. Shubik defended his Candidate of Sciences (PhD) dissertation, and in 1996 his Doctor of Sciences dissertation in the specialty "Cardiology". In 2007, he was awarded the academic title of Professor in the same specialty. Yury Viktorovich is the author of 450 scientific publications, including 25 monographs and book chapters, more than 20 teaching aids and methodological guidelines. Cardiologists, internists and specialists in functional diagnostics are well familiar with the monographs written by him alone or with colleagues: «Daily ECG Monitoring in Cardiac Rhythm and Conduction Disorders», «Holter Monitoring in Arrhythmias», «Noninvasive Electrophysiological Study in Anomalies of the Cardiac Conduction System (Atlas)», «Transesophageal Electrocardiography and Pacing», «Clinical Lectures on Selected Problems of Cardiology» in 4 volumes, «Cardiology Practicum (Collection of Clinical Case Reviews) in 2 volumes, «Antithrombotic Therapy in Cardiovascular Diseases», and others. His "nonmedical" publications in the journal Zvezda, as well as the books «A Different View of Arrhythmias», «Doctor's Sausage», the collection of short stories «Sausage Scraps», «Medical Exlibris», «Optional Information about Arrhythmias for Intelligent Doctors and Patients», «About Atrial Fibrillation - for Patients and Their Relatives», etc., are also well known to physicians.

Yury Viktorovich Shubik is a member of the Board of the All-Russian Scientific Society of Arrhythmologists, a member of the Presidium of the Russian Society of Holter Monitoring, and Deputy Chairman of the Cardiac Arrhythmias Section of the Russian Society of Cardiology. For many years, he has been a member of the Editorial Board of the Journal of Arrhythmology, the editorial boards of University Therapeutic Journal and Medical Alliance, and the Chairman of the Editorial Council of the journal Cardiology: News, Opinions, Training. Yury Viktorovich is a member of working groups and expert councils involved in the development of Russian national guidelines on the diagnosis and treatment of atrial fibrillation, supraventricular tachycardias, ventricular arrhythmias, prevention of sudden cardiac death, and Holter monitoring.

Yu.V. Shubik devotes considerable attention to clinical work. In addition to his ongoing consultative practice at the NorthWestern Centre for Diagnosis and Treatment of Cardiac Arrhythmias, he serves as a consultant arrhythmologist for

a number of inpatient facilities in Saint Petersburg. As part of the mobile School of Arrhythmology, together with M.M. Medvedev, he has repeatedly travelled to most regions of Russia - from Kaliningrad to Kamchatka - providing cardiology consultations and lectures. For 25 years, Yu.V. Shubik has been one of the lecturers of the Saint Petersburg School of Cardiologists project.

Yury Viktorovich is married, has two children and four grandchildren. The Editorial Board of the Journal of Arrhythmology, his friends, colleagues and students are pleased to congratulate Yury Viktorovich Shubik on his jubilee and wholeheartedly wish him health, happiness, and continued success in his scientific, clinical and teaching work.